

Meal of the Month

Sunday,
February 15
Pork Chops
Black eye peas
Fried Squash
And Pecan Pie

February

Birthstone

Amethyst

Flower

Violet

Colors

Light Blue and Yellow

SPECIAL DATES IN FEBRUARY

February 7, 2016 Super Bowl Sunday
February 23, 1986 Tostitos Rolls were introduced

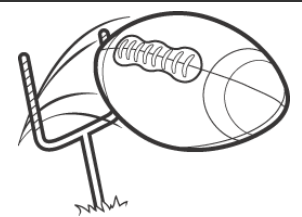


SOMETHING WORTH THINKING ABOUT:

"The best way to cheer yourself up is to try to cheer somebody else up."



President's Day
February 15th



Super Bowl
February
7th



Parkview Nursing and Rehab

Laurie's Corner

We are well in to 2016 now. Hope everyone has been fortunate enough to stay well.

It is hard to know what season it is with the weather. Varying from the teens to the '80's. February 2nd is Groundhog Day. If the groundhog sees his shadow there will be six more weeks of winter!

There are varying opinions as to the origin of Valentine's Day, but over time February 14th became the date for exchanging love messages. We will be celebrating Valentine's Day a little early since the 14th is on a weekend. We will have our Valentine's Party on Friday, February 12th at 2:30 P.M. WE will crown our King and Queen and have refreshments. Hope you can come join in the fun.

February 15th is President's Day.

February 10th is Ash Wednesday.

February 10th - March 27th is Lent.

God Bless,
Laurie



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Happy Valentine's Day

